

Wayne County Action Program, Inc.

Wayne CAP Parent Education Program

Summer/Fall 2020



ACT & PINE

On-Line Workshops

Fee for Service

(Revised 5/04/2020)

"Empowering Families to Enrich Our Communities"

- On-Line due to COVID-19 restrictions
- New York State Certified Program
- Court Recognized Program

Financial statement required for all participants

A.C.T. (Assisting Children through Transition): This class is for parents separating or divorcing, with the focus on the children's needs, also understanding Legal Issues and how to talk to your ex- partner. (Two/2-hour on-Line sessions) \$50.00 Fee * \$25.00 non-refundable deposit due upon registration.

Dates: May 20th & 27th, 2020 (Wednesdays)

June 20th & 27th, 2020 (Saturdays) July 15th & 22nd, 2020 (Wednesdays) August 15th & 22nd, 2020 (Saturdays)

Time: Wednesdays: 4:30 pm -6:30 pm

Saturdays: 10:00 am- 12:00 pm

Location: Virtual Online Sessions

P. I. N. E (Parents Interested in Nurturing Effectively): Positive strategies to enhance parenting skills to help with discipline issues and to help strengthen the family bond. Topics include role modeling, family rules, child development, discipline vs. punishment and alternatives to physical punishment. (Six /3-hour On-Line sessions) \$50.00 Fee * 25.00 non-refundable deposit due upon registration.

Dates: May 26th, 2020 – June 30th, 2020 (Tuesdays)

Time: 4:30 pm -7:30 pm

Location: Virtual Online Sessions

TO REGISTER OR FIND OUT MORE INFORMATION CALL 315-573-5268



Wayne County Action Program, Inc.

Wayne CAP Parent Education Program Winter/Spring 2020



No Fee

Workshops

(Revised 2/11/2019)

"Empowering Families to Enrich Our Communities"

Free Childcare provided when available – MUST CALL FOR AVAILABILITY

Financial statement required for all participants

<u>Incredible Years Basic (Ages 3-8):</u> Focuses on promoting your child's social and emotional competence and ways to help your child be successful in the home, school, and community. Mini Series: Five (2.0 hr. sessions).

Date: January 7th, 14th, 21st, 28th, February 4th, 2020 (Tuesdays)

Time: 5:30pm - 7:30pm

Location: Sodus Elementary School, 6264 NY-88, Sodus, NY 14551

Guiding Good Choices: Information to increase the bonding between parents and their children ages 9-14 years old to reduce risky behaviors. Five (2.0 hr. sessions)

Date: February 26th, March 4th, 11th, 18th & 25th, 2020 (Wednesdays)

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April 29th, May 6th, 13th, 20th, 27th, 2020 (Wednesdays)

Time: 5:30 pm - 7:30 pm

Location: Sodus Intermediate School, 54 Mill St., Sodus, NY 14551

TO REGISTER OR FIND OUT MORE INFORMATION CALL 315-946-1259

or

Email: Parent.ed@waynecap.org