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#### Wayne County Action Program, Inc.

#### **Wayne CAP Parent Education Program**

## Winter/Spring 2019



## **ACT & PINE**

## Workshops

#### **Fee for Service**

(Revised 2/11/2019)

"Empowering Families to Enrich Our Communities"

- Free Childcare provided when available MUST CALL FOR AVAILABILITY
- New York State Certified Program
- Court Recognized Program

#### Financial statement required for all participants

A.C.T. (Assisting Children through Transition): This class is for parents separating or divorcing, with the focus on the children's needs, also understanding Legal Issues and how to talk to your ex- partner. (One/4 hour sessions) \$50.00 Fee \* \$25.00 non-refundable deposit due upon registration.

Dates: February 16<sup>th</sup>, 2019 (Saturday)

March 20<sup>th</sup>, 2019 (Wednesday) April 20<sup>th</sup>, 2109 (Saturday)

Time: Wednesdays 4:30pm - 8:30pm

**Saturdays 10:00am – 2:00pm** 

**Location:** To be given to participant upon registration

P. I. N. E (Parents Interested in Nurturing Effectively): Positive strategies to enhance parenting skills to help with discipline issues and to help strengthen the family bond. Topics include role modeling, family rules, child development, discipline vs. punishment and alternatives to physical punishment. (Five/3 hour sessions) \$50.00 Fee \* 25.00 non-refundable deposit due upon registration.

Dates: March 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, April 2<sup>nd</sup>, 9<sup>th</sup>, 2019 (Tuesdays)

Time: 4:30 pm - 7:30 pm

Location: Family Education Center, 28 Canal Street, Lyons, NY 14489

Dates: April 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>, May 7<sup>th</sup>, 14<sup>th</sup> 2019 (Tuesdays)

Time: 4:30 pm - 7:30 pm

**Location:** TBD



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#### No Fee

## Workshops

(Revised 2/11/2019)

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#### Financial statement required for all participants

<u>Incredible Years Basic (Ages 3-8):</u> Focuses on promoting your child's social and emotional competence and ways to help your child be successful in the home, school, and community. Mini Series: Five (2.0 hr. sessions).

Date: March 5<sup>th</sup>, 12<sup>th</sup>, 26<sup>th</sup>, April 2<sup>nd</sup>, 9<sup>th</sup>, 2109 (Tuesdays)\* no class on April 19<sup>th</sup>

Time: 5:30pm - 7:30pm

Location: Sodus Elementary School, 6264 NY-88, Sodus, NY 14551

Date: March 20<sup>th</sup>, 27<sup>th</sup>, April 3<sup>rd</sup>, 10<sup>th</sup>, 24<sup>th</sup>, 2019 (Wednesdays)\*no class April 17<sup>th</sup>

Time: 5:30 pm-7:30 pm

Location: North Rose Wolcott High School, 11631 Salter-Colvin Rd.,

Wolcott, NY 14590 \*Room 311

<u>Guiding Good Choices:</u> Information to increase the bonding between parents and their children ages 9-14 years old to reduce risky behaviors. Five (2.0 hr. sessions)

Date: February 27<sup>th</sup>, March 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> & 27<sup>th</sup>, 2019 (Wednesdays)

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May 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>, 2019 (Wednesdays)

Time: 5:30 pm - 7:30 pm

Location: Sodus Intermediate School, 54 Mill St., Sodus, NY 14551

#### TO REGISTER OR FIND OUT MORE INFORMATION CALL 315-946-1259

or

Email: Parent.ed@waynecap.org