



Wayne County Action Program, Inc.  
**Wayne CAP Parent Education Program**  
**Winter/Spring 2020**



## **ACT & PINE**

### **Workshops**

### **Fee for Service**

(Revised 10/28/2019)

**“Empowering Families to Enrich Our Communities”**

- Free Childcare provided when available - **MUST CALL FOR AVAILABILITY**
- New York State Certified Program
- Court Recognized Program

### ***Financial statement required for all participants***

**A.C.T. (Assisting Children through Transition):** This class is for parents separating or divorcing, with the focus on the children's needs, also understanding Legal Issues and how to talk to your ex- partner. (One/4 hour sessions) **\$50.00 Fee \* \$25.00 non-refundable deposit due upon registration.**

**Dates:**                      **January 15<sup>th</sup>, 2020 (Wednesday)**      **February 15<sup>th</sup>, 2020 (Saturday)**  
                                 **March 18<sup>th</sup>, 2020 (Wednesday)**      **April 18<sup>th</sup>, 2020 (Saturday)**  
                                 **May 20<sup>th</sup>, 2020 (Wednesday)**      **June 20<sup>th</sup>, 2020 (Saturday)**

**Time:**                      **Wednesdays 4:30 pm - 8:30 pm**  
                                 **Saturdays 10:00 am - 2:00 pm**

**Location:**                **To be given to participant upon registration**

**P. I. N. E (Parents Interested in Nurturing Effectively):** Positive strategies to enhance parenting skills to help with discipline issues and to help strengthen the family bond. Topics include role modeling, family rules, child development, discipline vs. punishment and alternatives to physical punishment. (Five/3 hour sessions) **\$50.00 Fee \* 25.00 non-refundable deposit due upon registration.**

**Dates:**                      **January 14<sup>th</sup>, 2020 - February 18<sup>th</sup>, 2020 (Tuesdays)**  
                                 **March 17<sup>th</sup>, 2020 - April 21<sup>st</sup>, 2020 (Tuesdays)**  
                                 **May 19<sup>th</sup>, 2020 - June 23<sup>rd</sup>, 2020 (Tuesdays)**

**Time:**                      **4:30 pm - 7:30 pm**

**Location:**                **To be given to participant upon registration**

**TO REGISTER OR FIND OUT MORE INFORMATION CALL 315-946-1259**

**or**

**Email: [Parent.ed@waynecap.org](mailto:Parent.ed@waynecap.org)**



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**Workshops**

**No Fee**

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**Incredible Years Basic (Ages 3-8):** Focuses on promoting your child’s social and emotional competence and ways to help your child be successful in the home, school, and community. Mini Series: Five (2.0 hr. sessions).

**Date:** January 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>, February 4<sup>th</sup>, 2020 (Tuesdays)  
**Time:** 5:30 pm - 7:30 pm  
**Location:** Sodus Elementary School, 6264 NY-88, Sodus, NY 14551

**Guiding Good Choices:** Information to increase the bonding between parents and their children ages 9 – 14 years old to reduce risky behaviors. Five (2.0 hr. sessions)

**Dates:** February 26<sup>th</sup>, March 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup>, 2020 (Wednesdays)  
April 29<sup>th</sup>, May 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>, 2020 (Wednesdays)

**Time:** 5:30 pm - 7:30 pm  
**Location:** Sodus Intermediate School, 54 Mill St., Sodus, NY 14551

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**or**

**Email: [Parent.ed@waynecap.org](mailto:Parent.ed@waynecap.org)**