

**If you would like more information or to  
register for a workshop,  
detach this form.**

**PLEASE MAIL COMPLETED FORM TO:**

**Wayne CAP Parent Education Program  
159 Montezuma Street  
Lyons, NY 14489**

**Email: [Parent.ed@waynecap.org](mailto:Parent.ed@waynecap.org)**

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

*\*Pre-Registration is required for Parent workshop*

**For additional information**

**call:**

**315-665-0131**

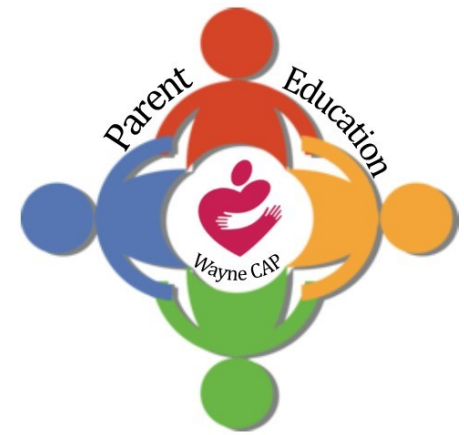
**Wayne County Action Program, Inc.  
Wayne CAP Parent Education Program  
159 Montezuma Street  
Lyons, NY 14489  
(315) 665-0131**



**Wayne County  
Action  
Program, Inc.**

*Helping People.  
Changing Lives.*

## **WAYNE CAP PARENT EDUCATION PROGRAM**



***"Empowering Families to  
Enrich Our Communities"***

**159 Montezuma  
Street  
Lyons, NY 14489  
Phone: 315-665-0131**

Visit us @ [www.waynecap.org](http://www.waynecap.org)

01/08/2021

## Parent Workshop

### Parents Interested In Nurturing Effectively (PINE)

A 6 week class that covers topics such as role modeling, family rules child, development, discipline -vs.- punishment, alternatives to physical punishment and many other parenting skills. **A fee applies for this class.**

### Assisting Children Through Transition (ACT)

ACT is a program designed to educate parents who are separating or divorcing about the impact of the breakup on their children. **A fee applies for this class.**

### Guiding Good Choices

A five session curriculum for parents with children 9-14 years of age. This is a prevention based program that aims to lower the risk of children using drugs and alcohol by increasing interaction and involvement between parents and children.

### Staying Connected With Your Teen

A five session curriculum for parents of teenagers aged 12-18. This workshop empowers parents to increase the chances that their children will grow up healthy and avoid the risk behaviors for drug & alcohol abuse, violence, and teen pregnancy.

### The Nurturing Fathers Program

An evidence - based, 13-week training course designed to teach parenting and nurturing skills to men. Each 2 ½ hour class provides proven, effective skills for healthy family relationships and child development.

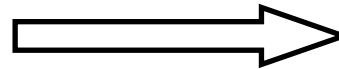
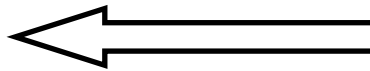
### Incredible Years Series: Birth– 8 years of age.

The Infant, Toddler, and Basic curriculums' sessions focus on strengthening parent-child interactions and nurturing relationships, reduce undesirable behaviors and fostering parents' ability to promote children's social, emotional, and language development.

**Supporting School Success** Designed for parents who want to help their children get the best start in their first four years of school, grades K-3. Participants will learn how to support their child's academic achievement, improve communication at home, and reduce misbehavior. Five (2.5 sessions).



Our Parent workshops provide help for all stages of parenting and are offered several times per year. The programs provide not only education but a confidential, non-judgmental support system. Certificates are issued upon completion. Please call for current schedule and availability.



Wayne CAP Parent Education Program works with several community programs to provide in home and on site family education, family development/empowerment support, and advocacy services for families and their children.

## Referrals to other Wayne County Community Resources



## Community Based Support Programs

### In Home Parent Education Service

The Parent Education staff work in conjunction with other agencies throughout Wayne County to help parents of children who are having difficulty in their home, school, or community. Home base classes provide a tailored approach with the opportunity to present a more specialized plan of action in order to help families with specific needs.

### Parenting Enhancement Skills in the Jail

This program provides parent education, life skills, and support to inmates at the Wayne County Jail. It also offers family practice time which allows inmates to share one on one time with their children.